OFSAA 2016 Cross Country Championship Practice Eligibility Form

A ' I ' C LAI	
Association: School Name:	Date:

Please list the number of practices attended by each athlete each week.

Athlete Name	Sept 6 - 9	Sept 12 - 16	Sept 19 - 23	Sept 26 - 30	Oct 3 - 7	Oct 10 - 14	Oct 17 - 21	Oct 24 - 28	Oct 31 – Nov 4	Total # of Practices
										0
										0
										0
										0
										0
										0
										0
										0
										0
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Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the school season (September to November), in a minimum number of practices (sixteen (16)), at a location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the high school principal.

Coach	School Principal